alameda county behavioral health
MENTAL HEALTH & SUBSTANCE USE SERVICES

Child and Adolescent Needs and Strengths • Rating Sheet Ages Birth - 24

Date:	
Type: ☐ Initial ☐ Scheduled Update ☐ Major Life Event ☐ Planned Discharge ☐ Unplanned Discharge	

Assessor ID:		RU#/Program:	
Client Name:		Client ID:	DOB
Gender:	Ethnicity:	Grade:	Zip Code:

For the **Needs Domains**, use the following categories and action levels:
0 – No current need; no need for action or intervention.
1 – Identified need that requires monitoring, watchful waiting, or preventive action based on history, suspicion or disagreement.
2 – Action is required to ensure that the identified need is addressed; need is interfering with functioning.
3 – Need is dangerous or disabling; requires immediate and/or intensive action.

1. LIFE FUNCTIONING DOMAIN

Early Childhood Items – Ages 0-5	N/A	0	1	2	3		N/A	0	1	2	3
Family Functioning	☐	☐	☐	☐	☐	Cognition	☐	☐	☐	☐	☐
Early Education (A)	☐	☐	☐	☐	☐	Sensory Reactivity	☐	☐	☐	☐	☐
Social and Emotional Functioning	☐	☐	☐	☐	☐	Feeding/Elimination	☐	☐	☐	☐	☐
Developmental/Intellect. (C)	☐	☐	☐	☐	☐	Sleep	☐	☐	☐	☐	☐
Medical/Physical	☐	☐	☐	☐	☐						

Child/Youth Items – Ages 6-24	N/A	0	1	2	3		N/A	0	1	2	3
Family Functioning	☐	☐	☐	☐	☐	Legal	☐	☐	☐	☐	☐
Living Situation	☐	☐	☐	☐	☐	Medical/Physical	☐	☐	☐	☐	☐
School Behavior (B)	☐	☐	☐	☐	☐	Sexual Development	☐	☐	☐	☐	☐
School Achievement (B)	☐	☐	☐	☐	☐	Social Functioning	☐	☐	☐	☐	☐
School Attendance (B)	☐	☐	☐	☐	☐	Recreational	☐	☐	☐	☐	☐
Developmental/Intellectual (C)	☐	☐	☐	☐	☐	Sleep	☐	☐	☐	☐	☐
Decision Making	☐	☐	☐	☐	☐	Independent Living Skills	☐	☐	☐	☐	☐

A . DAYCARE/PRESCHOOL MODULE (Ages 0-5)

Preschool/Daycare Quality	☐	☐	☐	☐	☐	Preschool/Daycare Achievement	☐	☐	☐	☐	☐
Preschool/Daycare Behavior	☐	☐	☐	☐	☐	Preschool/Daycare Attendance	☐	☐	☐	☐	☐

B. SCHOOL MODULE (Ages 6-24)

Educational Attributes	N/A	0	1	2	3	***Student Needs continued***	N/A	0	1	2	3
Academic Persistence	☐	☐	☐	☐	☐	Bullying Others	☐	☐	☐	☐	☐
Tardiness	☐	☐	☐	☐	☐	Bullied by Others	☐	☐	☐	☐	☐
Class Avoidance	☐	☐	☐	☐	☐	***Student Life Domain Needs***					
Classroom Behavior	☐	☐	☐	☐	☐	Parenting Responsibilities	☐	☐	☐	☐	☐
Non-Classroom Behavior	☐	☐	☐	☐	☐	Gang Involvement	☐	☐	☐	☐	☐
School Discipline	☐	☐	☐	☐	☐	***Student Strengths***					
Students Needs	☐	☐	☐	☐	☐	Clubs/Athletics	☐	☐	☐	☐	☐
Student Needs						Leadership	☐	☐	☐	☐	☐
Self-Management	☐	☐	☐	☐	☐	Peer Relationships	☐	☐	☐	☐	☐
Decision-Making Skills	☐	☐	☐	☐	☐	Relationship with Teachers	☐	☐	☐	☐	☐
Ability to Pay Attention	☐	☐	☐	☐	☐						

C. DEVELOPMENTAL NEEDS MODULE (All Ages)

Cognitive	☐	☐	☐	☐	☐	Communication	☐	☐	☐	☐	☐
Developmental	☐	☐	☐	☐	☐	Self-Care/ Daily Living Skills	☐	☐	☐	☐	☐

Please write a rationale for any item in the above domain or modules rated actionable ('2' or '3').

2. BEHAVIORAL/EMOTIONAL NEEDS DOMAIN

Early Childhood Items – Ages 0-5	0	1	2	3		N/A	0	1	2	3
Impulsivity/Hyperactivity	☐	☐	☐	☐	Motor		☐	☐	☐	☐
Depression	☐	☐	☐	☐	Regulatory		☐	☐	☐	☐
Anxiety	☐	☐	☐	☐	Atypical Behaviors		☐	☐	☐	☐
Oppositional	☐	☐	☐	☐	Aggression		☐	☐	☐	☐
Attachment Difficulties	☐	☐	☐	☐	Autism Spectrum		☐	☐	☐	☐
Adjustment to Trauma	☐	☐	☐	☐						

Children/Youth Items – Ages 6-24	0	1	2	3		0	1	2	3
Psychosis (Thought Disorder)	☐	☐	☐	☐	Conduct (Antisocial Behavior)	☐	☐	☐	☐
Impulsivity/Hyperactivity	☐	☐	☐	☐	Adjustment to Trauma	☐	☐	☐	☐
Depression	☐	☐	☐	☐	Anger Control	☐	☐	☐	☐
Anxiety	☐	☐	☐	☐	*Substance Use (D)*	☐	☐	☐	☐
Oppositional	☐	☐	☐	☐	Eating Disturbance	☐	☐	☐	☐

D. SUBSTANCE USE DISORDER MODULE (Ages 6-24)

Severity of Use	☐	☐	☐	☐	Parental Influences	☐	☐	☐	☐
Duration of Use	☐	☐	☐	☐	Environmental Influences	☐	☐	☐	☐
Stage of Recovery	☐	☐	☐	☐	Recovery Support in Community	☐	☐	☐	☐
Peer Influences	☐	☐	☐	☐					

Please write a rationale for any item in the above domain or module rated actionable ('2' or '3').

For the **Individual Strengths**, use the following categories and action levels:

0 – Well-developed centerpiece strength; may be used as a centerpiece in an intervention/action plan

1 – Identified and useful strength. Strength will be used, maintained or built upon as part of the plan. May require some effort to develop strength into a centerpiece strength

2 – Strengths have been identified but require strength-building efforts before they can be effectively utilized as part of a plan. Identified but not useful.

3 – An area in which no current strength is identified; efforts may be recommended to develop a strength in this area.

3. INDIVIDUAL STRENGTHS DOMAIN

Early Childhood Items – Ages 0-5	N/A	0	1	2	3		0	1	2	3
Family Strength		☐	☐	☐	☐	Playfulness	☐	☐	☐	☐
Interpersonal		☐	☐	☐	☐	Family Spiritual/Religious	☐	☐	☐	☐
Natural Supports		☐	☐	☐	☐	Creativity/Imagination	☐	☐	☐	☐
Resiliency (Persist. & Adaptability)		☐	☐	☐	☐	Curiosity	☐	☐	☐	☐

Child/Youth Items – Ages 6-24										
Family Strength		☐	☐	☐	☐	Spiritual/Religious	☐	☐	☐	☐
Interpersonal		☐	☐	☐	☐	Cultural Identity	☐	☐	☐	☐
Optimism		☐	☐	☐	☐	Community Life	☐	☐	☐	☐
Educational Setting	☐	☐	☐	☐	☐	Relationship Permanence	☐	☐	☐	☐
Vocational	☐	☐	☐	☐	☐	Natural Supports	☐	☐	☐	☐
Coping and Savoring Skills		☐	☐	☐	☐	Resilience	☐	☐	☐	☐
Talents and Interests		☐	☐	☐	☐	Resourcefulness	☐	☐	☐	☐

Please write a rationale for Centerpiece ('0') and Useful ('1') Strengths, as well as Strengths to Build ('2' or '3').

For the **Needs Domains**, use the following categories and action levels:

0 – No current need; no need for action or intervention.
1 – Identified need that requires monitoring, watchful waiting, or preventive action based on history, suspicion or disagreement.
2 – Action is required to ensure that the identified need is addressed; need is interfering with functioning.
3 – Need is dangerous or disabling; requires immediate and/or intensive action.

4. RISK BEHAVIORS & FACTORS DOMAIN

Early Childhood Items – Ages 0-5	**N/A**	**0**	**1**	**2**	**3**		**0**	**1**	**2**	**3**
Self-Harm (12 mos-5 years old)	☐	☐	☐	☐	☐	Labor and Delivery	☐	☐	☐	☐
Exploited		☐	☐	☐	☐	Birth weight	☐	☐	☐	☐
Prenatal Care		☐	☐	☐	☐	Failure to Thrive	☐	☐	☐	☐
Exposure		☐	☐	☐	☐	Maternal/Primary Caregiver Avail.	☐	☐	☐	☐
Child/Youth Items – Ages 6-24										
Suicide Risk (E)		☐	☐	☐	☐	Runaway	☐	☐	☐	☐
Non-Suicidal Self-Injurious Behavior		☐	☐	☐	☐	Delinquent Behavior (Criminal Behav.)	☐	☐	☐	☐
Other Self-Harm (Recklessness)		☐	☐	☐	☐	Intentional Misbehavior	☐	☐	☐	☐
Danger to Others (F)		☐	☐	☐	☐	Sexual Exploitation	☐	☐	☐	☐
Sexual Aggression		☐	☐	☐	☐					

E. SUICIDE RISK MODULE (Age 6-24)

History of Attempts		☐	☐	☐	☐	Suicide Intent	☐	☐	☐	☐
Suicide Ideation		☐	☐	☐	☐	Suicide Planning	☐	☐	☐	☐

F. DANGEROUSNESS/VIOLENCE MODULE (Age 6-24)

Historical Risk Factors						**Emotional/Behavioral Risks cont.**				
History of Violence		☐	☐	☐	☐	Violent Thinking	☐	☐	☐	☐
Emotional/Behavioral Risks						**Resiliency Factors**				
Frustration Management		☐	☐	☐	☐	Aware of Violence Potential	☐	☐	☐	☐
Hostility		☐	☐	☐	☐	Response to Consequences	☐	☐	☐	☐
Paranoid Thinking		☐	☐	☐	☐	Commitment to Self-Control	☐	☐	☐	☐
Secondary Gains from Anger		☐	☐	☐	☐	Treatment Involvement	☐	☐	☐	☐

Please write a rationale for any item in the above domain or modules rated actionable ('2' or '3').

5. CULTURAL FACTORS DOMAIN (Please Note: For Early Childhood, rate the Family.)

Complete for all – Ages 0-24

Language		☐	☐	☐	☐	Cultural Stress	☐	☐	☐	☐
Traditions and Rituals		☐	☐	☐	☐	Cultural Diffs. within the Family	☐	☐	☐	☐

Please write a rationale for any item in the above domain rated actionable ('2' or '3').

6. DEVELOPMENTAL FACTORS/MILESTONES – This domain is OPTIONAL for children and youth ages 6-24.
Do not complete for Early Childhood (ages 0-5).

☐ Not applicable; information on early childhood not available.

	0	1	2	3		0	1	2	3
Motor	☐	☐	☐	☐	Substance Exposure	☐	☐	☐	☐
Sensory	☐	☐	☐	☐	Labor and Delivery	☐	☐	☐	☐
Communication	☐	☐	☐	☐	Maternal/Primary Caregiver Avail.	☐	☐	☐	☐
Autism Spectrum	☐	☐	☐	☐	Curiosity	☐	☐	☐	☐
Failure to Thrive	☐	☐	☐	☐	Playfulness	☐	☐	☐	☐
Regulatory Problems	☐	☐	☐	☐	Temperament	☐	☐	☐	☐
Birth Weight	☐	☐	☐	☐	Feeding/Elimination	☐	☐	☐	☐
Prenatal Care	☐	☐	☐	☐	Daycare/Preschool	☐	☐	☐	☐

Please write a rationale for any item in the above domain rated actionable ('2' or '3').

7. DYADIC CONSIDERATIONS DOMAIN – Ages 0-5

	0	1	2	3		0	1	2	3
Caregiver Emotional Responsiveness	☐	☐	☐	☐	Caregiver Adj. to Traumatic Expers.	☐	☐	☐	☐

Please write a rationale for any item in the above domain rated actionable ('2' or '3').

For the **Potentially Traumatic/Adverse Childhood Experiences**, use the following categories and action levels:

No – No evidence of any trauma of this type.

Yes – Child/youth has had experience, or there is suspicion that the child/youth has experienced this type of trauma—one incident, multiple incidents, or chronic, on-going experiences.

8. POTENTIALLY TRAUMATIC/ADVERSE CHILDHOOD EXPERIENCES (Complete for all; Ages 0-24) -- LIFETIME EXPOSURE

	No	Yes		No	Yes
Sexual Abuse	☐	☐	Witness to Family Violence	☐	☐
Physical Abuse	☐	☐	Witness to Community/School Violence	☐	☐
Neglect	☐	☐	War/Terrorism Affected	☐	☐
Emotional Abuse	☐	☐	Witness /Victim of Criminal Acts	☐	☐
Medical Trauma	☐	☐	Parental Criminal Behavior	☐	☐
Natural or Manmade Disaster	☐	☐	Disrupt in Caregiving/Attachment Losses	☐	☐

Please write a rationale for any item rated 'YES'.

For the **Needs Domains**, use the following categories and action levels:
0 – No current need; no need for action or intervention.
1 – Identified need that requires monitoring, watchful waiting, or preventive action based on history, suspicion or disagreement.
2 – Action is required to ensure that the identified need is addressed; need is interfering with functioning.
3 – Need is dangerous or disabling; requires immediate and/or intensive action.

9. TRAUMATIC STRESS SYMPTOMS – Child/Youth Ages 6-24

	0	1	2	3		0	1	2	3
Emotional and/or Phys. Dysregulation	☐	☐	☐	☐	Avoidance	☐	☐	☐	☐
Intrusions / Re-experiencing	☐	☐	☐	☐	Numbing	☐	☐	☐	☐
Traumatic Grief	☐	☐	☐	☐	Dissociation	☐	☐	☐	☐
Hyperarousal	☐	☐	☐	☐	Time Before Treatment	☐	☐	☐	☐

Please write a rationale for any item in the above domain rated actionable ('2' or '3').

10. TRANSITION AGE YOUTH DOMAIN – Ages 18-24

For the **Transition Age Youth Domain - Strengths**, use the following categories and action levels:
0 – Well-developed centerpiece strength; may be used as a centerpiece in an intervention/action plan
1 – Identified and useful strength. Strength will be used, maintained or built upon as part of the plan. May require some effort to develop strength into a centerpiece strength.
2 – Strengths have been identified but require strength-building efforts before they can be effectively utilized as part of a plan. Identified but not useful.
3 – An area in which no current strength is identified; efforts may be recommended to develop a strength in this area.

Strengths	0	1	2	3
Individual Involvement in Care	☐	☐	☐	☐

Please write a rationale for any item in the above domain or module rated actionable ('2' or '3').

For the **Transition Age Youth Needs Domains**, use the following categories and action levels:
0 – No current need; no need for action or intervention.
1 – Identified need that requires monitoring, watchful waiting, or preventive action based on history, suspicion or disagreement.
2 – Action is required to ensure that the identified need is addressed; need is interfering with functioning.
3 – Need is dangerous or disabling; requires immediate and/or intensive action.

Behavioral/Emotional Needs	N/A	0	1	2	3		0	1	2	3
Interpersonal Problems		☐	☐	☐	☐					
Functioning	**N/A**	**0**	**1**	**2**	**3**		**0**	**1**	**2**	**3**
Residential Stability		☐	☐	☐	☐	Knowledge of Illness	☐	☐	☐	☐
Parental/Caregiving Roles	☐	☐	☐	☐	☐	Medication Involvement	☐	☐	☐	☐
Job Functioning (G)	☐	☐	☐	☐	☐	Intimate Relationships	☐	☐	☐	☐
Self-Care		☐	☐	☐	☐	Transportation	☐	☐	☐	☐
G. VOCATIONAL/CAREER MODULE (Ages 18-24)										
Career Aspirations		☐	☐	☐	☐	Job Performance	☐	☐	☐	☐
Job Time		☐	☐	☐	☐	Job Relations	☐	☐	☐	☐
Job Attendance		☐	☐	☐	☐	Job Skills	☐	☐	☐	☐

Please write a rationale for any item in the above domain or module rated actionable ('2' or '3').

11. CAREGIVER RESOURCES & NEEDS DOMAIN (Complete for all; Ages 0-24) ☐ Not applicable; no caregiver identified.

0 – No current need; no need for action or intervention. This may be a resource for the child/youth.

1 – Identified need that requires monitoring, watchful waiting, or preventive action based on history, suspicion or disagreement. This may be an opportunity for resource building.

2 – Need is interfering with the provision of care; action is required to ensure that the identified need is addressed.

3 – Need prevents the provision of care; requires immediate and/or intensive action.

Caregiver Information

First Name: **Last Name:**

Caregiver Type

☐ Adoptive parent ☐ Foster/Resource parent ☐ Grandparent ☐ Stepparent
☐ Biological parent ☐ Godparent ☐ Legal guardian ☐ Other:

	0	1	2	3		0	1	2	3
Supervision	☐	☐	☐	☐	Mental Health	☐	☐	☐	☐
Involvement with Care	☐	☐	☐	☐	Substance Use	☐	☐	☐	☐
Knowledge	☐	☐	☐	☐	Developmental	☐	☐	☐	☐
Organization	☐	☐	☐	☐	Safety	☐	☐	☐	☐
Social Resources	☐	☐	☐	☐	Family Stress	☐	☐	☐	☐
Residential Stability	☐	☐	☐	☐	Family Rel. to the System (Ages 0-5)	☐	☐	☐	☐
Medical/Physical	☐	☐	☐	☐	Legal Involvement (Ages 0-5)	☐	☐	☐	☐

Please write a rationale for any item in the domain above rated actionable ('2' or '3').

Caregiver Information

First Name: **Last Name:**

Caregiver Type

☐ Adoptive parent ☐ Foster/Resource parent ☐ Grandparent ☐ Stepparent
☐ Biological parent ☐ Godparent ☐ Legal guardian ☐ Other:

	0	1	2	3		0	1	2	3
Supervision	☐	☐	☐	☐	Mental Health	☐	☐	☐	☐
Involvement with Care	☐	☐	☐	☐	Substance Use	☐	☐	☐	☐
Knowledge	☐	☐	☐	☐	Developmental	☐	☐	☐	☐
Organization	☐	☐	☐	☐	Safety	☐	☐	☐	☐
Social Resources	☐	☐	☐	☐	Family Stress	☐	☐	☐	☐
Residential Stability	☐	☐	☐	☐	Family Rel. to the System (Ages 0-5)	☐	☐	☐	☐
Medical/Physical	☐	☐	☐	☐	Legal Involvement (Ages 0-5)	☐	☐	☐	☐

Please write a rationale for any item in the domain above rated actionable ('2' or '3').

Caregiver Information

First Name: **Last Name:**

Caregiver Type

☐ Adoptive parent ☐ Foster/Resource parent ☐ Grandparent ☐ Stepparent
☐ Biological parent ☐ Godparent ☐ Legal guardian ☐ Other:

	0	1	2	3		0	1	2	3
Supervision	☐	☐	☐	☐	Mental Health	☐	☐	☐	☐
Involvement with Care	☐	☐	☐	☐	Substance Use	☐	☐	☐	☐
Knowledge	☐	☐	☐	☐	Developmental	☐	☐	☐	☐
Organization	☐	☐	☐	☐	Safety	☐	☐	☐	☐
Social Resources	☐	☐	☐	☐	Family Stress	☐	☐	☐	☐
Residential Stability	☐	☐	☐	☐	Family Rel. to the System (Ages 0-5)	☐	☐	☐	☐
Medical/Physical	☐	☐	☐	☐	Legal Involvement (Ages 0-5)	☐	☐	☐	☐

Please write a rationale for any item in the domain above rated actionable ('2' or '3').

Caregiver Information

First Name: **Last Name:**

Caregiver Type

☐ Adoptive parent ☐ Foster/Resource parent ☐ Grandparent ☐ Stepparent
☐ Biological parent ☐ Godparent ☐ Legal guardian ☐ Other:

	0	1	2	3		0	1	2	3
Supervision	☐	☐	☐	☐	Mental Health	☐	☐	☐	☐
Involvement with Care	☐	☐	☐	☐	Substance Use	☐	☐	☐	☐
Knowledge	☐	☐	☐	☐	Developmental	☐	☐	☐	☐
Organization	☐	☐	☐	☐	Safety	☐	☐	☐	☐
Social Resources	☐	☐	☐	☐	Family Stress	☐	☐	☐	☐
Residential Stability	☐	☐	☐	☐	Family Rel. to the System (Ages 0-5)	☐	☐	☐	☐
Medical/Physical	☐	☐	☐	☐	Legal Involvement (Ages 0-5)	☐	☐	☐	☐

Please write a rationale for any item in the domain above rated actionable ('2' or '3').

Clinician Signature and Date

Supervisor Signature and Date