

Supervision Using the CANS and ANSA

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Introducing the Use of CANS or ANSA in Supervision

The CANS or ANSA is a helpful document that can be used in supervision to help organize clinical information collected during assessment in a consistent manner to improve communication among those involved in planning care for an individual. Supervisors can use the CANS or ANSA as a decision-support tool, as a quality improvement tool and as an outcome monitoring tool. Discussions about agreement on how the individual's needs and strengths are described provides the foundation for agreement about what approaches to take to address those needs and identify and build strengths.

Responsibilities in Supervision

- Ensure compliance with policies and procedures
- Help manage schedules and workloads
- Improve quality of care provided by supervisees
- Facilitate professional development
- Problem solve challenges as they arise

Opportunities in Supervision

- Developing marketable skill sets including basic management skills
- Broadening clinical expertise through vicarious treatment experiences
- Mentoring early career clinicians
- Helping improve the lives of a larger group of individuals

Strategies Used by Supervisors

- Review and sign off on any CANS/ANSA before submitted
- Discuss any case by first reviewing the CANS/ANSA so that it serves as Cliff/Coles Notes on the case
- Shadow a supervisee doing a CANS/ANSA with a family or individual
- Have a supervisee shadow supervisor doing a CANS/ANSA with a family or individual
- Use CANS/ANSA at the start of any discussion in case presentations or team supervisions
- Review treatment plans to ensure that planning is guided by how the family or individual is understood using CANS/ANSA
- Monitor supervisee level reports on the status of their cases and outcomes from episodes of care and review performance with supervisees