

Life Functioning Domain

Question to Consider for this Domain: How is the individual functioning in individual, family, peer, school, and community realms? **Please rate the highest level from the past 30 days.**

For Life Functioning Domain, the following categories and action levels are used:

0 = A dimension in which there is not current need; no need for action/intervention.

1 = A dimension in that indicates mild problems; requires monitoring, watchful waiting, or preventive activities.

2 = A dimension that indicates moderate problems; requires action to ensure that the identified need is addressed.

3 = A dimension that indicates significant problem; requires immediate or intensive action to improve functioning.

1. FAMILY RELATIONSHIPS - This item rates the individual's relationships with those who are in his/her family. It is recommended that the definition of family should come from the individual's perspective (i.e. who the individual describes as his/her family). If you do not know this information, then we recommend a definition of family that includes biological relatives and their significant others with whom the individual is still in contact. When rating this item, you should take into account the relationship the individual has with his/her family as well as the relationship of the family as a whole.

Questions to Consider

- How does the individual get along with the family?
- Are there problems between family members?
- Has there ever been any violence in the family?

Ratings & Definitions

0 No evidence of problems in relationships with family members and/or individual is doing well in relationships with family members.

1 There is a history or suspicion of problems and/or individual is doing adequately in relationships with family members, although some problems may exist. For example, some family members may have problems in their relationships with individual. Arguing may be common but does not result in major problems.

2 Individual is having significant problems with parents, siblings and/or other family members. Frequent arguing, difficulty maintaining positive relationships may be observed.

3 Individual is having severe problems with parents, siblings, and/or other family members. This would include problems of domestic violence, absence of any positive relationships, etc.

2. RESIDENTIAL STABILITY - This item rates the current and likely future housing circumstances for the individual. If the individual lives independently, his/her history of residential stability can be rated.

Questions to Consider

- Is individual staying in temporary housing, homeless shelter, transitional housing or looking for new housing due to eviction, being “kicked out of family home”, or running away from family home?

Ratings & Definitions

- 0** There is no evidence of residential instability. The individual has stable housing for the foreseeable future.
The individual has relatively stable housing but has either moved in the past three months or there are indications that housing problems could arise at some point within the next three months. Also, a mild degree of residential instability if living independently, characterized by the potential loss of housing due to the person’s difficulty with self-care, disruptive behavior, financial situation, or other psychosocial stressor. A recent move for any reason that the individual found stressful would be rated here.
- 1** The individual has relatively stable housing but has either moved in the past three months or there are indications that housing problems could arise at some point within the next three months. Also, a mild degree of residential instability if living independently, characterized by the potential loss of housing due to the person’s difficulty with self-care, disruptive behavior, financial situation, or other psychosocial stressor. A recent move for any reason that the individual found stressful would be rated here.
- 2** The individual has experienced periods of homelessness in the past six months. Also, significant degree of residential instability if living independently, characterized by homelessness for at least 30 days as defined by living on the streets, in shelters, or other transitional housing.
- 3**

3. SCHOOL* - This item rates the individual’s overall functioning at school and may include attendance, behavior and achievement.

Questions to Consider

- What is the youth’s experience at school?
- Does the youth enjoy school?
- Does the youth have difficulties with academics, social relationships, behavior or attendance?

Ratings & Definitions

- NA** Not applicable. Individual is not currently in school.
- 0** Individual is performing well in school.
- 1** Individual is performing adequately in school although some problems may exist.
- 2** Individual is experiencing moderate problems with school attendance, behavior, and/or achievement.
- 3** Individual is experiencing severe problems in school with school attendance, behavior and/or achievement.

*A rating of 1, 2 or 3 on this item will trigger the **School Module**.

4. SOCIAL FUNCTIONING - This item rates social skills and relationships. It includes age appropriate behavior and the ability to make and sustain relationships.

Questions to Consider

- Currently, how well does the individual get along with others?
- Has there been an increase in peer conflicts?
- Does s/he have unhealthy friendships?
- Does s/he tend to change friends frequently?

Ratings & Definitions

- 0** No evidence of problems and/or individual has developmentally appropriate social functioning.
- 1** Individual is having some minor problems with his/her social development or has a history of problems in social relationships.
- 2** Individual is having some moderate problems with his/her social relationships that interfere with other life domains.
- 3** Individual is experiencing severe disruptions in his/her social relationships; may have no friends or have constant conflict in relations with others.

5. RECREATIONAL- This item rates the individual's access to and use of leisure activities.

Questions to Consider

- What activities is the individual involved in?
- Are there barriers to participation in extracurricular activities?
- How does the individual use his/her free time?

Ratings & Definitions

- 0** No evidence of any problems with recreational functioning. Individual has access sufficient activities that s/he enjoys.
- 1** Individual is doing adequately with recreational activities although some problems may exist.
- 2** Individual is having moderate problems with recreational activities. Individual may experience some problems with effective use of leisure time.
- 3** Individual has no access to or interest in recreational activities. Individual has significant difficulties making use of leisure time.

6. CAREGIVING ROLES - This item describes the individual in any caregiver roles. For example, an individual with a son or daughter or an individual responsible for an elderly parent or grandparent would be rated here.

Questions to Consider

- Does the individual have younger siblings, minor children, or dependent adults whom s/he is providing significant caregiving responsibilities?
- Is individual able to effectively meet caregiving responsibilities or is s/he struggling or feeling overwhelmed and requiring significant external supports at this time?

Ratings & Definitions

- 0** The individual has no role as a caregiver to a child, individual or older adult.
- 1** The individual has responsibilities as a caregiver to a child, individual or older adult but is currently able to manage these responsibilities.
The individual has responsibilities as a caregiver to a child, adult or older adult and either the individual is struggling with these responsibilities or they are currently interfering with the individual's functioning in other life domains.
- 2** The individual has responsibilities as a caregiver to a child, individual or older adult and the individual is currently unable to meet these responsibilities or these responsibilities are making it impossible for the individual to function in other life domains.
- 3** The individual has responsibilities as a caregiver to a child, individual or older adult and the individual is currently unable to meet these responsibilities or these responsibilities are making it impossible for the individual to function in other life domains.

7. DEVELOPMENTAL FUNCTIONING* - This item rates the presence of any Developmental/Intellectual Disabilities. It includes Intellectual Developmental Disorder (IDD) and issues on the Pervasive Developmental Disorder (PDD) spectrum, including Autism Spectrum Disorders.

Questions to Consider

- Does the individual's growth and development seem healthy?
- Has the individual been screened for any developmental problems?

Ratings & Definitions

- 0** No evidence of developmental delay and/or individual has no developmental problems.
- 1** Individual has some problems with immaturity, or there are concerns about possible developmental delay. Individual may have low IQ.
- 2** Individual has developmental delays or mild mental retardation.
- 3** Individual has severe and pervasive developmental delays or profound mental retardation.

*A rating of 1, 2 or 3 on this item will trigger the **Developmental Module**.

8. SELF-CARE - This rating focuses on current status of self-care functioning.

Questions to Consider

- Does individual require verbal prompting to manage ADLs activities of daily living (dressing, grooming)?
- Does individual require daily or physical prompting to manage ADL's?

Ratings & Definitions

- 0** No evidence of self-care impairments. This is characterized by the ability to independently complete all activities of daily living such as bathing, grooming, dressing, cooking, and managing personal finances.
- 1** A mild degree of impairment with self-care. This is characterized by self-care difficulties that impair the individual's level of functioning, but do not represent a significant short or long-term threat to the person's well-being.
- 2** A moderate degree of self-care impairment. This is characterized by an extreme disruption in more than one self-care skill. The person's self-care does not represent an immediate threat to the person's safety, but has the potential for creating significant long term problems if not addressed.
- 3** A significant degree of self-care impairment. This is characterized by extreme disruptions in multiple self-care skills. The person's self-care abilities are sufficiently impaired that s/he represents an immediate threat to himself/herself and requires 24-hour supervision to ensure safety. (Suicidal or homicidal ideation or behavior would not be coded here, however, an acute eating disorder would be coded here).

9. KNOWLEDGE OF ILLNESS - This rating captures an individual's awareness and understanding for his/her psychiatric symptoms and diagnosis.

Questions to Consider

- Has individual been diagnosed with SMI (Severe mental illness) and does individual understand this diagnosis?
- Does individual rejection of an SMI diagnosis need to be considered in treatment?

Ratings & Definitions

- 0** This level indicates a person who is aware of his/her psychiatric diagnosis and can verbalize an understanding of the nature, symptoms, and course of the illness. Any person who is sub-threshold on psychiatric diagnoses would be rated here.
- 1** This level indicates a person who is aware that s/he has an illness but is not clear about its implications.
- 2** This level indicates a person who is unaware that s/he has an illness but recognizes that there is a problem.
- 3** This level indicates a person who refuses to accept his/her illness despite clear evidence of a psychiatric disorder.

10. JUDGMENT - This item describes the individual's ability to make decisions and understanding of choices and consequences.

Questions to Consider

- How is the individual's judgment and ability to make good decisions?
- Does s/he typically make good choices for him/herself?
- Do his/her choices ever result in harm to the individual or others?

Ratings & Definitions

- 0** No evidence of problems with judgment or poor decision making that result in harm to development and/or well-being.
- 1** There is a history or suspicion of problems with judgment in which the individual makes decisions that are in some way harmful to his/her development and/or well-being.
- 2** Problems with judgment in which the individual makes decisions that are in some way harmful to his/her development and/or well-being.
- 3** Problems with judgment that place the individual at risk of significant physical harm.

11. JOB FUNCTIONING - This item rates the individual's job performance, if employed.

Questions to Consider

- Is the individual able to meet expectations at work?
- Does s/he have regular conflict at work?
- Is s/he timely and able to complete responsibilities?

Ratings & Definitions

- NA** Individual is not working or recently employed.
- 0** No evidence of any problems in work environment.
- 1** Individual has some mild problems work (e.g. tardiness, conflict).
- 2** Individual has moderate problems at work.
- 3** Individual has severe problems at work in terms of attendance, performance or relationships. Individual may have recently lost job.

A rating of 1, 2 or 3 on this item will trigger the **Vocational/Career Module**.

12. MEDICATION INVOLVMENT - This item focuses on the individual's involvement in using prescription medication.

Questions to Consider

- Does individual require verbal prompting to manage medications?
- Does individual need more intensive interventions to manage medication in safe manner? i.e. receiving medication by RN through office or home visitation interventions?
- Does individual misuse or is there a suspicion individual may be selling medications?

Ratings & Definitions

- 0** Individual takes medications as prescribed without assistance or has not been prescribed any medication.
Individual usually takes medications as prescribed but may intermittently stop, skip or forget to take medications, without causing instability of the underlying medical condition(s); s/he may benefit from reminders and checks to consistently take medications.
- 1** Individual takes medications inconsistently or misuses medications, causing some instability of the underlying medical condition; s/he may benefit from direct supervision of medication.
- 2** Individual does not take medication(s) prescribed for management of underlying medical conditions and his/her underlying medical conditions are not well controlled.
- 3** Individual does not take medication(s) prescribed for management of underlying medical conditions and his/her underlying medical conditions are not well controlled.

13. LEGAL - This item rates the individual's involvement with the justice system. This item does not refer to family involvement.

Questions to Consider

- Has the individual been arrested?
- Is the individual been on probation?
- Are there charges pending against the individual?

Ratings & Definitions

- 0** Individual has no known legal difficulties.
- 1** Individual has a history of legal problems but currently is not involved with the legal system.
- 2** Individual has some legal problems and is currently involved in the legal system.
- 3** Individual has serious current or pending legal difficulties that place him/her at risk for a court ordered out of home placement.

14. MEDICAL - This item rates the individual's current physical health status.

Questions to Consider

- Is the individual generally healthy?
- Does s/he have any medical problems?
- How much does this interfere with

Ratings & Definitions

- 0** Individual is healthy.
- 1** Individual has some medical problems that require medical treatment. These conditions are transient and treatable.
- 2** Individual has chronic illness that requires ongoing medical intervention.

his/her life?

3 Individual has life threatening illness or medical condition.

15. PHYSICAL - This item identifies any physical limitations.

Questions to Consider

- Does the individual have any physical limitations?
- How much do physical limitations interfere with his/her life?

Ratings & Definitions

- 0** Individual has no physical limitations.
Individual has some physical condition that places mild limitations on activities.
- 1** Conditions such as impaired hearing or vision would be rated here. Rate here, treatable medical conditions that result in physical limitations (e.g. asthma).
Individual has physical condition that notably impacts activities. Sensory disorders such as blindness, deafness, or significant motor difficulties would be rated here.
- 2** Individual has physical condition that notably impacts activities. Sensory disorders such as blindness, deafness, or significant motor difficulties would be rated here.
- 3** Individual has severe physical limitations due to multiple physical conditions.

16. SEXUAL DEVELOPMENT - This item looks at broad issues of sexual development including sexual behavior, sexual identity, sexual concerns, and the reactions of others to any of these factors.

Questions to Consider

- Are there concerns about the individual's healthy sexual development?
- Is the individual sexually active?
- Does s/he have less interest/more interest in sex than other individual his/her age? Or sex a source of distress for individual?

Ratings & Definitions

- 0** No evidence of issues with the individual's sexual development, sexual behavioral and/or concerns with sexual identity.
- 1** Individual has some issues with sexual development, but these do not interfere with his/her functioning in other life domains.
- 2** Individual has problems with sexual development that interfere with his/her functioning in other life domains.
- 3** Individual has severe problems with his/her sexual development.

17. SLEEP - This item rates the individual's sleep patterns. This item is used to describe any problems with sleep, regardless of the cause including difficulties falling asleep or staying asleep as well as sleeping too much. Bedwetting and nightmares should be considered a sleep issue.

Questions to Consider

- Does the individual appear rested?
- Is s/he often sleepy during the day?
- Does s/he have frequent nightmares or difficulty sleeping?
- How many hours does the individual sleep each night?

Ratings & Definitions

- 0** Individual gets a full night's sleep each night.
Individual has some problems sleeping. Generally, individual gets a full night's sleep but at least once a week problems arise. This may include occasionally awakening or bed wetting or having nightmares.
- 1** Individual has some problems sleeping. Generally, individual gets a full night's sleep but at least once a week problems arise. This may include occasionally awakening or bed wetting or having nightmares.
- 2** Individual is having problems with sleep. Sleep is often disrupted and individual seldom obtains a full night of sleep.
- 3** Individual is generally sleep deprived. Sleeping is almost always difficult for the individual and s/he is not able to get a full night's sleep.

18. INTIMATE RELATIONSHIPS - This item rates the individual's current status in terms of romantic/intimate relationships.

Questions to Consider

- Is individual in romantic partnership or relationship at this time?
- What is the quality of this relationship?
- Does individual see relationship as source of comfort/strength or source of distress/conflict?

Ratings & Definitions

- 0** Adaptive partner relationship. Individual has a strong, positive, partner relationship.
- 1** Mostly adaptive partner relationship. Individual has a generally positive partner relationship.
- 2** Limited adaptive partner relationship. Individual is currently not involved in any partner relationship.
- 3** Significant difficulties with partner relationships. Individual is currently involved in a negative, unhealthy relationship.

19. INDEPENDENT LIVING - This item describes the individual's ability to take responsibility for and also manage him/herself in an age appropriate way. Skills related to healthy development towards becoming a responsible adult and living independently may include money management, cooking, housekeeping, and/or finding transportation, etc.

Questions to Consider

- Does individual know how to take care of him/herself?
- Is s/he responsible when left unsupervised?
- Is s/he developing skills to eventually be able to live in an apartment by themselves?
- Or, if living on his/her own, how well can is his/her home maintained?

Ratings & Definitions

- 0** No evidence of any deficits or barriers in demonstrating developmentally appropriate responsibility or anything that could impede the development of skills to maintain one's own home and/or this level indicates a person who is fully capable of independent living.
- 1** This level indicates a person with mild impairment of independent living skills. These problems are generally addressable with training or supervision.
- 2** This level indicates a person with moderate impairment of independent living skills. Notable problems completing tasks necessary for independent living and/or managing him/ herself when unsupervised would be common at this level. Problems are generally addressable with in-home services and supports.
- 3** This level indicates a person with profound impairment of independent living skills. This individual would be expected to be unable to live independently given his/her current status. Problems require a structured living environment.

20. TRANSPORTATION - This item rates the level of transportation required to ensure that the individual could effectively participate in his/her own treatment and in other life activities

Questions to Consider

- Does individual have reliable transportation?
- Are there any barriers to transportation?

Ratings & Definitions

- 0** The individual has no transportation needs.
- 1** The individual has occasional transportation needs (e.g., appointments). These needs would be no more than weekly and not require a special vehicle.
- 2** The individual has occasional transportation needs that require a special vehicle or frequent transportation needs (e.g., daily to work or therapy) that do not require a special vehicle.
- 3** The individual requires frequent (e.g., daily to work or therapy) transportation in a special vehicle.