

# CANS & ANSA Case Review Checklist for Supervisors

- Supervisee has shared a copy of the most recent CANS/ANSA assessment
  - Was the assessment completed with the participation of individual, family (when appropriate), team members?
  - If not, brainstorm ideas for building individual and family engagement using the CANS/ANSA.
    - What is getting in the clinician's way of engaging the individual?
    - What does the clinician need from me in order to overcome these roadblocks?
  
- Make a list of all of the identified needs (2's and 3's) to help focus your review process
  - *Refer to the CANS or ANSA Summary Sheet*
  - *Do not solely focus on needs, but it is critical to address these items in the review process*
  - *Which of these needs are interconnected and how? Find links to enhance the review process*
  
- Group Strengths as follows:
  - 0's and 1's = Useful for planning
  - 2's = Can be useful with planning
  - 3's = Are we building this?
  - In order to remain strength based, be sure to use these strengths when discussing the treatment approach
  
- Do the ratings reflect the information you know about the youth and family?
  - Do the identified needs (2's) require action?
  - Do the immediate/intensive needs (3's) accurately reflect the sense of urgency to act on those areas?
  - Help the clinician narrow down the most acute needs in order to create a clear treatment approach.
  
- Are there clusters of needs and/or strengths that appear inter-related?
  - If yes, help the supervisee organize the assessment to differentiate the treatment target, pathway, and outcome needs and strengths
  - *Refer to the CANS Organizational Chart template*
  
- Assist the supervisee to identify interventions to address the treatment target needs/strengths.
  - Is the appropriate intervention available? If not, can an intervention be designed?
  - Can we use the assessment to advocate for increased access to interventions?
  
- Assist the supervisee in developing **measureable** and **attainable** treatment goals that can be tracked using CANS or ANSA items.
  - These goals should directly reflect the most acute needs

*Adapted from a document created by University of Maryland. The additional resources on the CANS mentioned above can be found at the University of Maryland, School of Social Work, CANS website:*

<https://theinstitute.umaryland.edu/topics/sat/cans.cfm>

