

CANS Developmental Milestones Checklist

Note for Clinicians

Remember to explain to clients and families that these are standard questions that are asked of every youth.

Note for Caregivers

For the following questions, please respond **“YES”** if your child **has ever** had any problems, challenges, or been identified as needing extra support with each of the following topics:

Motor

- Any fine motor (i.e. hand grasping + manipulation) challenges?
- Any gross motor (i.e. walking) challenges?

Comments:

Sensory

- Any hearing or visual impairment problems?
- Was easily overwhelmed by sensory stimuli?

Comments:

Communication

- Any receptive (i.e. understand words) or expressive (i.e. use words/signs) language difficulties?

Autism Spectrum

- Evaluated or diagnosed for autism or spectrum disorder?

Failure to Thrive

- Any difficulty gaining weight or growing?

Regulatory Problems

- Any difficulty sucking/feeding, sleeping, eliminating, and being consoled?
- Any difficulty with activity level/intensity, sensitivity to external stimulation?

Birth Weight

- Underweight, considerably underweight, extremely underweight?

Prenatal Care

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- Any gaps or challenges involved in prenatal care?
- Any unusual illnesses or risks during pregnancy?

Substance Exposure

- Child exposed to substances during the pregnancy? If so, what substances?
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Labor and Delivery

- Unusual circumstances related to the labor and delivery of the child as a baby? If so, what circumstances?
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Maternal Availability

- Any challenges to primary caregiver being available to meet the child's needs in the first 3 months after birth?

Curiosity

- Did the child have any challenges attempting to explore their world with all of their senses during early childhood?

Playfulness

- Did child lack playfulness during early childhood?

Temperament

- Did the child get easily upset?
- Was it difficult to help the child calm down?

Feeding/Elimination

- Difficulties breastfeeding/formula?
- Issues in the transition to solid foods?
- Difficulties with urination or defecation?

Daycare/Preschool

- Did the child have interpersonal or other difficulties in play, day care or preschool settings?

Notes & area for further exploration: